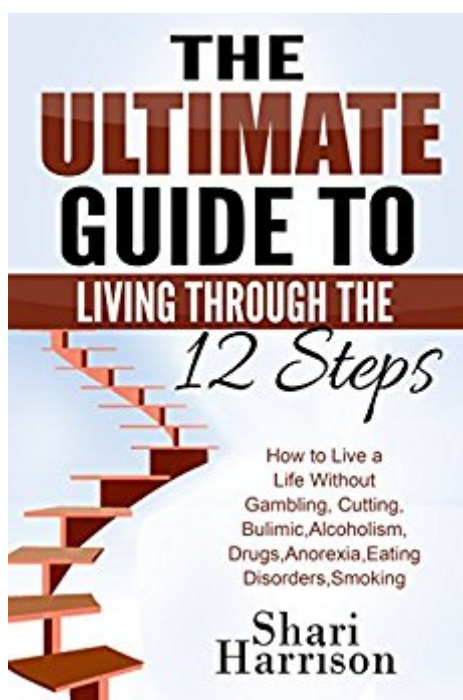


The book was found

The Ultimate Guide Living Through The 12 Steps-: How To Live A Life Without Gambling, Cutting, Bulimia, Anorexia, Eating Disorders, Smoking (addiction ... Disorders,12 Steps)



Synopsis

The Ultimate Guide Living through the 12 Steps-How to Live a Life without Gambling, Cutting, Bulimia, Anorexia, Eating Disorders, Smoking Today only, get this bestseller for just \$0.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You're about to discover how to...Acknowledge the problem in your life, accept that there is a problem and help yourself to overcome the situation and issues. Here is an example of what you could learn-Triggers are danger zones and refer to situations or periods wherein you are most prone to slipping back towards your addictive pattern. For instance, the death anniversary of a loved one is fast approaching and you know that during that time, you are likely to start harming yourself again. Or it could be that during lunch break, you know you'll be tempted to grab a smoke. >Do you Gamble?>Do you have an Eating Disorder?>Are you Bulimic?>Anorexia?>Smoking?>Alcoholic?> Drugs or Prescriptions?> Other Addictions?STOP the Suffering NOW!Much, much more!Download your copy today!Take action today and download this book for a limited time discount of only\$0.99! (insert call to action here)

Book Information

File Size: 1083 KB

Print Length: 29 pages

Simultaneous Device Usage: Unlimited

Publication Date: April 24, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00WOYMGUC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #928,225 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #42

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